



Seeking Research Study Volunteers

We want to better understand barriers to physical activity



You are eligible if you:

- Are 50 years and older.
- Can read, write, and understand English.
- Can leave the house without someone else assisting you.

What is involved?

- 30-45 minutes of your time.
- Completing an online and paper survey.

What are the benefits?

Contribute to our understanding of barriers to physical activity.

Will I be compensated for my time?

The opportunity to win a raffle drawing of \$25- there will be 10 winners.

For more information:

Follow the link: blog.uvm.edu/IPAB or scan the code by taking a picture:



How do I participate?

Follow the link: [Survey](#)

Questions?

E-mail the researcher at mariana.wingood@uvm.edu