ENGAGE

Tools for Residents and Families in Assisted Living

WHAT IS THIS RESEARCH ABOUT?

The purpose of this research study is to help residents and families better engage in assisted living care. Based on feedback from residents, families and assisted living professionals, we will create a toolkit (a set of resources, educational materials, and readings) to solve common care issues.

We want to learn from the individuals who need, provide or support assisted living care so that our toolkit meets real needs and concerns.

WHY YOU?

If you live, work or care for someone in assisted living, you can help us understand the setting and how residents and families get involved in care. We know the best people to ask are those who are **most familiar** with assisted living.

More than 100 residents, caregivers, and professional stakeholders in 9 states will share their experiences and opinions about resident and family engagement in assisted living.

HOW DO YOU TAKE PART?

There are several ways to participate in this study, depending on your role. If you are part of the groups listed, you can take part in a brief, one-time **phone interview.**

Assisted living **staff** and **professionals** may also choose to complete a **short online survey**.

- ✓ Assisted living **residents**
- ✓ **Family**, guardians or caregivers of assisted living residents
- ✓ Assisted living **staff**
- ✓ **Professionals whose work involves assisted living** (clinicians, policy makers, state regulators, advocates, and others)

Everyone will receive a **cash gift** for taking part in an interview or survey.

WHAT IS THE BENEFIT?

By learning directly from individuals involved in assisted living, our team can develop tools to help residents and families take part in care and improve staff's ability to meet care needs. Our overall goal is to support providers, residents and their families.

WHO IS LEADING THIS RESEARCH STUDY?

The Engage Study is run by researchers at the University of North Carolina at Chapel Hill who are trained nurses, physicians, social workers, and public health professionals. Team members specialize in geriatrics, healthcare and assisted living.

Visit **engageUNC.org** or email **engage-al@unc.edu**