Purpose:
To develop novel multidisciplinary research related to aging, balance, mobility and falls that has high potential to lead to independent funding. For this funding cycle, we are especially interested in proposals that build new collaborations between either 1) existing Pepper-related investigators and other Pitt or CMU-based researchers or 2) between Pepper-related investigators who have been involved in two different areas of special interest as described in the next sentences. We wish to promote research related to our areas of special interest that include energetics, body composition, biology of mobility, osteoarthritis, neural control of movement, medication related issues, genetics and special populations such as those in long term and other congregate settings. We encourage translational research that incorporates either: pre-clinical basic science or bridges research, practice and policy. Proposals that build on existing funded studies or involve existing data are encouraged.

Eligibility:
A. There must be at least two investigators named in the proposal preferably from different disciplines. At least one must be full time faculty from any School within the University of Pittsburgh or Carnegie Mellon University.
B. The project should address issues related to the Pepper Center theme (aging, balance, mobility, and falls).
C. All proposals must involve the support of at least one Pepper Core (http://www.pepper.pitt.edu/structure.html). Proposal must confirm that an in-person meeting with the leader of involved core took place at least 3 weeks prior to submission. Please contact Subhashan Perera, PhD at least three weeks prior to submission if the Pepper Statistical services will be needed.
D. All awarded pilot investigators and research team members must demonstrate current certification for ethics training.

Types of proposals:
Proposals may request up to $25,000.

Application Process: **Proposals are to be submitted electronically as one complete file**
1. Cover letter from co-PIs- All proposals should include a cover letter describing 1) how the proposal fits the mission of the Pepper Center (aging, balance, mobility and falls), 2) how one or both co-PIs meets the requirement of having existing Pepper collaboration or association with a Pepper Core Director, 3) If there is a new co-PI, what interests and skills the new co-PI brings to the investigation, 4) what Pepper thematic areas the proposal addresses, 5) what Pepper Core resources are involved, and 6) why the work will be able to yield preliminary findings by winter 2019.
2. Pilot Proposal Form and Checklist- Please provide a completed form/checklist following the cover letter with your proposal. The form is attached at the end of this document.
3. Structured Abstract- All pilot proposals must include a structured abstract, not to exceed ½ page (single spaced), with the following information:
a. Specific Aims  
b. Brief background  
c. Summary of Methods  
d. Future use of Data

4. Proposal-The research proposal should include aims, brief background, preliminary studies (if any), methods, timeline, and references. The proposal should be no longer than 5 pages, single spaced, for aims through timeline.

5. Cores-The proposal MUST involve at least one of the Pepper Cores. This should be described in the cover letter and in the methods section.

6. Budget- Include a budget request and brief budget justification (see Budget Considerations section below).

7. Biosketches- NIH biographical sketches are required for the CoPIs and all faculty participants.

8. Human Subjects- Human studies must include a human subjects section (not in the page limit) AND a draft consent form. Vertebrate animal studies must include an appropriate animal studies protection plan.

9. Written confirmation from the relevant Departmental or Division Heads confirming that no faculty salary can be assigned to this pilot and that another source of funding exists to account for the effort of the proposed work.

Budget Considerations:
Proposed budgets must include estimates for any Pepper Core resources the investigator plans to use to implement the pilot project. Pepper Cores are supported by the Pepper Center grant to provide consultation for project development and cost estimates for Core use during project implementation. Thus if the project proposes to use Pepper Cores for activities related to recruitment or data set access, clinical measures, engineering or radiological services, metabolic studies, or data managements, the investigators should consult with Core leadership as described below during the development of the pilot project.

Review Considerations
1. Responsive to the request for applications
2. Standard NIH criteria: Significance, approach, innovation, investigator's environment
3. Innovation and potential for growth
4. Potential for future independent funding
5. Feasibility within cost and time constraints
6. Quality of the multidisciplinary collaboration
7. Documented collaboration with at least one of the Pepper Cores

Review Process:
Final applications will be reviewed by at least two reviewers for evaluation and scoring. Applications will be ranked and the ranks tallied for funding priority before presentation to the advisory committees of the Pepper.

Submission:
Submit electronically as one complete file in PDF format to:
Vanessa Benkovich
vab52@pitt.edu

Additional Program Information:
PLEASE NOTE: No indirect costs will be provided.

Funding cannot be released until relevant IRB/IACUC/ research certifications are completed. Since majority of funds must be spent by December 31, 2018 to qualify for consideration of extension, consider applying for the IRB/IACUC application while the proposal is under review.

Obligations of awardees:
Upon notice of award, successful applicants will be asked to sign a short written agreement promising to comply with all applicable Pepper policies. All awardees will provide **progress reports every 6 months** during the period of award, and Elizabeth Thomas will contact awardees for the progress report. These biannual progress reports are similar in format to an NIH progress report, listing the specific aims and any deviations from them, recruitment progress as appropriate, results, publications and any related or follow-up applications or awards for funding. Any requests for revision of aims or budget during the course of the project should be sent in writing to the Pilot Core Leader. Awardees are also expected to provide a final report and **present their completed work or work in progress at the Pepper Center Seminar Series and/or Retreat**. Awardees will provide updates about funding and publications annually for a minimum of three years after the period of award. The awardee or a member of their investigative team must attend 50% of the monthly Pepper sponsored and affiliated lectures or 50% of the REC Seminars advertised on the Pepper Center website ([www.pepper.pitt.edu](http://www.pepper.pitt.edu)). All awardees MUST cite the Pepper award (P30 AG024827) in subsequent related publications and ensure that related publications are submitted to PubMed Central, also with the P30 attribution.

For information and questions specific to the application process (such as clarification of due dates), contact:

Vanessa Benkovich
Program Administrator, Pittsburgh Pepper Center
Vab52@pitt.edu
412-692-2364

For questions about the responsiveness of your planned submission, contact:

Susan Greenspan, MD
PI, Pepper Center and Director RCDC Pepper Center
[greenspn@pitt.edu](mailto:greenspn@pitt.edu)
Phone: 412-692-2477

Joseph Hanlon, Pharm D, MS
Director, Pepper Pilot Core
[jth14@pitt.edu](mailto:jth14@pitt.edu)
Phone: 412-864-2507

For further information about Pepper Cores see our website at [www.pepper.pitt.edu](http://www.pepper.pitt.edu)
Pepper Center Pilot Funding Program Form and Checklist

**Title of Proposal**

Co-Principal Investigators

Co-PI #1 Name

Academic Rank

Primary Department/School

Mailing Address

Phone

Email

Co-PI #2 Name

Academic Rank

Primary Department/School

Mailing Address

Phone

Email

Total cost ________   Human Subjects: Yes __    No __   Vertebrate Animals: Yes ___   No ___

Items to be included: please complete this checklist

_____ Cover letter (1 page)

_____ This Form

_____ Abstract (Structured: a.) Specific Aims, b.) Brief background, c.) Summary of Methods, d.) Future use of the data; Abstract should be no more than ½ page, single spaced)

_____ Proposal (Maximum of 5 pages; Font size should be 11pt Arial; Margins should be ½ inch)

_____ Budget and budget justification (1 page)

_____ Biographical sketches

_____ Human subjects/consent/ vertebrate animals

If an Award is made, the awardee will abide by all guidelines established by the Institutional Review Board (IRB) or IACUC.

Signature of co-Principal Investigator  Date

Signature of co-Principal Investigators  Date

Submit electronically as one complete file to:
Vanessa Benkovich
Vab52@pitt.edu
412-692-2364